



PORTLAND MAINE

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Recreation & Facilities Management Department

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Eligibility Requirements for Use of Portland Recreation's 55 + Senior Adult Program Day Trips & Activities

Participants must be:

- ★ 55 years of age or older
- ★ Able to tell time and location/place
- ★ Generally continent of both bowel and bladder
- ★ Able to ambulate (walk) independently and to get in and out of city vehicles with limited assistance
- ★ Behaviorally appropriate, i.e. not physically or verbally abusive to staff or other recreation participants
- ★ Able to participate in activity signed up for with no assistance from staff
- ★ Able to get themselves out of their residence to meet the van/bus and back inside their residence with no assistance from staff, i.e. staff cannot be unlocking participants doors or helping them in their houses
- ★ Able to be ready on time when the van/bus arrives at their residence to pick them up to participate in recreation activities
- ★ Able to be left unsupervised in public areas such as Maine Mall, Movies, Theaters, Fairs, etc. without wandering off or forgetting to meet at designated meeting time
- ★ Able to clearly understand why we are picking them up and where we are going

I have read and understood the above eligibility requirements. By signing below I am stating that I meet all of the above requirements. I understand that the Recreation 55+ Program staff reserve the right to discuss with myself or family any questions or safety concerns they may have about my use of the program. I understand the City of Portland may revoke my right to use the program if I become unable to participate in the recreation programs or it otherwise becomes unsafe for me to participate.

Participant: _____

Signature: _____

Date: _____

Emergency Contact Information

Name: _____ Relationship to Participant: _____

Address: _____

Phone Number: Day: _____ Evening: _____ Cell: _____

Medical/Health Information (Optional)

Current Doctor: _____ Hospital Preference: Mercy/Maine Medical Center

Current Medical Conditions: _____

Current Medications: _____

Current Allergies: _____

****If you have any questions or comments about this form, please contact the 55+ Program Office at 874-8870, or the Main Recreation Office at 756-8275****