

Pownal

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	1,623	23 rd
Population change between 1998 and 2008	+31.8%	2 nd
Population per square mile (2008)	71	24 th
Median age (2000)	41.0	6 th
Under 18 (2000)	24.3%	17 th
65 and over (2000)	10.1%	20 th
Racial and ethnic minorities (2000)	2.3%	16 th
Not fluent in English (2000)	0.14%	21 st
Living in poverty (1999)	4.3%	18 th
Less than a high school education (2000)	10.5%	12 th
Single parent households (2000)	5.2%	25 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	247	227	242
2. Heart Disease	**	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	690	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Pownal has a significant INCREASE in...

Indicator	Current	Prior	% increase
Hospital visits per 1,000***	145.6 (2007)	131.6 (2006)	11%

Pownal has...

High levels of	Low levels of
Hospital visits***	Eligibility for free or reduced school lunches****
	Disability
	Controlled substance prescriptions

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Freeport, Gray, and New Gloucester.

****Part of Regional School Unit 5, which also includes Freeport.

POWNAL Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Hospital visits per 1,000 (2007)***	145.6	126.1	15%

POWNAL Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	14.0%	20.0%	30%
Emergency department visits per 1,000 (2007)***	137.6	191.2	28%
Home and nurse visits per 1,000 (2007)***	22.4	25.9	14%

ORAL HEALTH
Pownal does not fluoridate its public drinking water.

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2007-08)****	19.6%	43.0%	54%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.23	1.76	30%

CHRONIC DISEASE	Value	State value	% lower
Diabetes per 1,000 (2007)***	33.2	43.0	23%

***Among those with private insurance, and by region that also includes Freeport, Gray, and New Gloucester.

****Part of Regional School Unit 5, which also includes Freeport.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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