

Long Island

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	194	26 th
Population change between 1998 and 2008	+1.6%	21 st
Population per square mile (2008)	136	18 th
Median age (2000)	44.3	2 nd
Under 18 (2000)	25.2%	11 th
65 and over (2000)	18.3%	2 nd
Racial and ethnic minorities (2000)	3.5%	5 th
Not fluent in English (2000)	0.00%	Tie 24 th
Living in poverty (1999)	10.0%	4 th
Less than a high school education (2000)	6.6%	20 th
Single parent households (2000)	15.1%	1 st

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	906	227	242
2. Heart Disease	**	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza and Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	2,216	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Long Island has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%

Long Island has...

High levels of	Low levels of
Housing built before 1950	Smoking-related diagnoses***
Home and nurse visits***	Disability
Depression***	Emergency department visits***

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, North Yarmouth, and Yarmouth.

LONG ISLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

LONG ISLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%
Long Island is a designated Primary Care Health Professional Shortage Area.			

HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	10.3%	20.0%	49%
Emergency department visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	80.5%	35.8%	125%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.10	1.76	37%

ORAL HEALTH
Long Island does not fluoridate its public drinking water.

^{***}Among those with private insurance, and by region that also includes Cumberland, Falmouth, North Yarmouth, and Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Published by the Public Health Division, Health and Human Services Department, City of Portland. Last revised 12/30/2009.

