

Bridgton

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	5,442	16 th
Population change between 1998 and 2008	+19.8%	8 th
Population per square mile (2008)	95	22 nd
Median age (2000)	39.8	Tie 9 th
Under 18 (2000)	22.1%	24 th
65 and over (2000)	15.9%	5 th
Racial and ethnic minorities (2000)	3.3%	6 th
Not fluent in English (2000)	0.32%	15 th
Living in poverty (1999)	15.7%	1 st
Less than a high school education (2000)	12.9%	4 th
Single parent households (2000)	10.9%	2 nd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	194	227	242
2. Heart Disease	190	191	237
3. Chronic Lower Respiratory Diseases	79	51	61
4. Cerebrovascular Diseases	44	50	61
5. Alzheimer's Disease	24	48	38
6. Unintentional Injuries	71	36	40
7. Influenza/Pneumonia	32	26	24
8. Diabetes Mellitus	36	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	28	20	19
10. Septicemia	**	11	10
All Causes	920	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Bridgton has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	16.1 (2004-08)	7.8 (1999-03)	106%
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%
Controlled substance prescriptions per person	2.14 (2008)	2.06 (2007)	4%

Bridgton has...

High levels of	Low levels of
Home and nurse visits****	Chlamydia
Eligibility for free or reduced school lunches***	Emergency department visits****
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Casco, Naples, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Casco, Harrison, Naples, Sebago, and Standish.

BRIDGTON Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)****	42.1	25.9	62%
Hospital visits per 1,000 (2007)****	160.8	126.1	28%
Bridgton is a designated Mental Health Professional Shortage Area.			

BRIDGTON Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)****	167.7	191.2	12%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)***	60.2%	43.0%	40%
Annual births per 1,000 women 15 to 44 (2002-06)	61.6	52.0	19%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	95	180	47%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	2.14	1.76	21%
Annual substance use arrests per 1,000 (2004-08)	16.1	13.4	21%

ORAL HEALTH
Bridgton is a designated Dental Health Professional Shortage Area.

***Part of School Administrative District 61, which also includes Casco, Naples, and Sebago.

**** Among those with private insurance, and by region that also includes Baldwin, Casco, Harrison, Naples, Sebago, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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